



FLEISHVOGEL (Beef Birds)
(for one person)

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| 1 thin piece of calf or beef | |
| 1 onion fine fried) | |
| piece of bacon) | — put on piece of
meat and roll
and bind it. |
| strip of dark bread) | |
| salt piece of carrot) | |
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Coat with flour, fry lightly, add a little hot water and cook about 30 minutes. Add some cream and vinegar to sauce.