## MEXICAN TWELFTH NIGHT BREAD

1 3/4 cups flour sifted 1 egg beaten 1 tablespoon sugar 1/4 cup milk

1/2 teaspoon saltconfectioners sugar (optional)1/2 teaspoon baking powdercinnamon sugar (optional)

2 tablespoon butter maple syrup (optional)

x Sift dry ingredients and cut into butter.

x Combine with a mixture of the egg and milk.

x Knead gently to form a mass.

Form into balls about 1" in diameter; grease hands if necessary while forming the balls

x Cover and let stand twenty minutes at room temperature.

Roll on lightly floured board into very thin cakes.

x Drop into 375° F deep fat and fry to a golden brown on each side.

Dredge breads with confectioners sugar, cinnamon sugar, or serve with maple syrup or honey

<sup>&</sup>quot;Meet the Millers" Thursday January 9, 1958