

Shepherd's Pie

- 2 Pounds ground meat
- 1 tablespoon oil
- 1 onion, finely chopped
- 2 carrots, finely chopped
- 1 tablespoon tomato paste
- 1 tablespoon flour
- 1 cup beef broth
- 1 cup mixed vegetables
- 5 medium potatoes, boiled and mashed
- 1 tablespoon butter

Brown lamb in oil, discard excess fat. Stir in onions and carrots and continue cooking for 5 minutes. Add tomato paste, flour and broth. Add cooked vegetables. Place in casserole, top with mashed potatoes and dot with butter.

Place uncovered in 350° oven for 30 minutes.