

## Shepherd's Pie

2 Pounds ground meat	1 tablespoon flour
1 tablespoon oil	1 cup beef broth
1 onion, finely chopped	1 cup mixed vegetables
2 carrots, finely chopped	5 medium potatoes, boiled and mashed
1 tablespoon tomato paste	1 tablespoon butter

Brown lamb in oil, discard excess fat. Stir in onions and carrots and continue cooking for 5 minutes. Add tomato paste, flour and broth. Add cooked vegetables. Place in casserole, top with mashed potatoes and dot with butter.

Place uncovered in 350° oven for 30 minutes.